



# Epiphany Food Drive 2009

*They saw a star.*

*They brought their gifts.*

*Follow their path.*

As we celebrate the Christmas Season, may we bring our own gift to those in our community who are in need. Please help make a difference for local families by filling this bag with food.

Donations will benefit the Capital Area Food Bank, the Southern Maryland Food Bank or your parish food pantry. Food will be picked up in early January at parishes throughout the archdiocese.

To ensure we receive what's really needed, please fill this bag from the category paired with the first letter of your last name. Thank you for sharing your gifts for those in need.

<b>Collection Details</b>	<b>My Last Name Begins With</b>	<b>Food Items I Am Asked to Donate Are</b>
Bags will be distributed at all parishes between Christmas and early January. Simply fill a bag with food and return it to your parish by the date below.	<b>A-C</b>	<b>Canned Proteins</b> (tuna, salmon, chicken, peanut butter)
<b>January 4, 2009:</b>	<b>D-F</b>	<b>Canned Fruits</b> (pineapple, peaches, and pears)
Parishes located in: NW Washington, DC Montgomery County St. Mary's County	<b>G-I</b>	<b>100% Fruit Juices</b> (all sizes including juice boxes)
<b>January 11, 2009:</b>	<b>J-L</b>	<b>Pastas and Sauces</b> (spaghetti sauce)
Parishes located in: NE, SE and SW Washington, DC Prince George's County Calvert County Charles County	<b>M-N</b>	<b>Canned Vegetables</b> (mixed, green beans, corn)
<b>For more information:</b> Please contact your parish office.	<b>O-Q</b>	<b>Soups</b> (beef stew, chili, chicken noodle, turkey rice)
	<b>R-S</b>	<b>Cereal</b> (cheerios, cornflakes, grapenuts, raisin bran)
	<b>T-V</b>	<b>Easy &amp; Ready Meals</b> (macaroni & cheese, pasta bowls, canned pasta)
	<b>W-Z</b>	<b>Healthy Snacks</b> (raisins, dried fruit, nuts, cereal bars)

Please do NOT donate perishable food or items packed in plastic bags or glass.

Archdiocese of Washington

